# AARP CT Webinar Wednesday Series – Join us!

Join us weekly at our AARP CT Webinars on Wednesday Series to participate in educational workshops and fun with purpose experiences. Series held @ 1PM/ 7PM.

## Registration is free and open to people of all ages!

#### AARP CT Webinar Wednesday: Personal Branding for the New Decade - 2 Chances to Join!

The future of work is here! Are you ready to embrace it? More importantly, what's next, and what should we be doing now to help make our "New Normal" careers, gigs, and startups as successful as possible? In two special upcoming presentations delivered by Loretta Ann Stevens, CEO, and Brand Leverage Expert at Competitive Edge Branding, she will show you how to anchor your Personal Brand for the New Decade with new branding strategies. Join Loretta for one of two 45-minute Zoom presentations that will shift how you think about your Personal Brand. Please register separately for each session.

November 4, 2020 @7PM "It's a New World" Registration:

https://aarp.cvent.com/NewDecade1

November 11, 2020 @1PM "The Rise of a Gig Economy" Registration:

https://aarp.cvent.com/NewDecade2

### <u>AARP CT Webinar Wednesday: Clean Food Cooking Demo – 2 Programs Just for You!</u>

These 1-hour virtual Clean Food programs are designed to inspire, empower, and engage you to make positive lifestyle changes through easy, health, and delicious recipes shared from virtual clean food kitchen. Each virtual session is distinct and unique in their offerings, please register for each separately. Terry Walters will offer you a path to healthy eating during those special times to everyday living!

November 18, 2020 @ 7PM "From Harvest to Table"

Registration: https://aarp.cvent.com/Clean1

December 2, 2020 @ 7PM "Holiday Gift-Making"

Registration: <a href="https://aarp.cvent.com/Clean2">https://aarp.cvent.com/Clean2</a>

#### AARP CT Webinar Wednesday: Creating Virtual Connections w/ Gary Ware!

Join Gary, Creative Catalyst from Breakthrough Play as he offers ways to use your imagination and creativity to make your winter and holiday fun and creative for the whole family! **December 9, 2020 @ 1PM** Registration: <a href="https://aarp.cvent.com/GaryWWDec9">https://aarp.cvent.com/GaryWWDec9</a>

<u>AARP CT Webinar Wednesday: Caregiver Roadshow for CT Families</u> Take a journey through the experiences of family caregivers, the backbone of our health care system. Learn about support for caregivers and care recipients, as well as choices to live safely and independently. Learn to navigate and connect to resources to gain an understanding of care options and costs.

**December 16, 2020 @ 7PM** Registration: <a href="https://aarp.cvent.com/WWCareDec16">https://aarp.cvent.com/WWCareDec16</a>

Please visit <a href="www.aarp.org/ct">www.aarp.org/ct</a> regularly for more sessions and a variety of offerings. To request a free AARP CT conversation in your community contact Erica Michalowski at <a href="mailto:emichalowski@aarp.org">emichalowski@aarp.org</a> (860) 548-3163.